

2008 PREVENTIVE HEALTH SCREENINGS FOR CHILDREN

ASK YOUR DOCTOR ABOUT THESE PREVENTIVE SERVICES

Preventive health care services can help your children increase their chances of living a longer and healthier life. Basic recommendations for preventive pediatric health care include regular checkups, tests, and immunizations. The following chart provides guidelines for you to help ensure that your child receives the correct health care services.

METHOD	RECOMMENDED AGES
HEALTH AND WELLNESS EDUCATION	
Provider guidance in areas of injury and illness prevention, nutrition, oral health, social competence, school performance, sexuality, responsibility, parent interaction, family relationships, and community interaction.	<ul style="list-style-type: none">Prenatal through age 21 years
HEALTH HISTORY	
Initial/Interval	<ul style="list-style-type: none">Prenatal through age 21 years
EXAMS	
Physical Examinations	<ul style="list-style-type: none">Newborn through age 21 years
Oral Health	<ul style="list-style-type: none">Ages 6, 9, 12, 18, 24, and 30 months*Ages 12, 18, 24, 30 months; 3 and 6 years
MEASUREMENTS	
Length/height and weight	<ul style="list-style-type: none">Newborn through age 21 years
Head circumference	<ul style="list-style-type: none">Newborn through age 24 months
Weight for length (growth chart)	<ul style="list-style-type: none">Newborn through age 18 months
Body mass index (BMI) for weight education	<ul style="list-style-type: none">Ages 24 months to age 21 years
Blood pressure	<ul style="list-style-type: none">Newborn through age 30 months*Ages 3 through 21 years
SENSORY SCREENING	
Vision	<ul style="list-style-type: none">Newborn through age 30 months; 7, 9, 11, 13, 14, 16, 17, and 19-21 years*Ages 3-6, 8, 10, 12, 15, and 18 years
Hearing	<ul style="list-style-type: none">Ages 3-5 days through 30 months; 3, 7, 9, and 11 through 21 years*Newborn, ages 4, 5, 6, 8, and 10 years
DEVELOPMENTAL/BEHAVIORAL ASSESSMENTS	
Developmental screening	<ul style="list-style-type: none">Ages 9, 18, and 30 months
Autism screening	<ul style="list-style-type: none">Ages 18 and 24 months
Developmental surveillance	<ul style="list-style-type: none">Newborn through age 6 months; 12, 15, 24 months and ages 3-21 years
Psychosocial/behavioral assessment	<ul style="list-style-type: none">Newborn through age 21 years
Alcohol and drug use assessment	<ul style="list-style-type: none">Ages 11 through 21 years*
PROCEDURES	
Newborn metabolic/hemoglobin screening	<ul style="list-style-type: none">Once between newborn to age 2 months
Immunizations	<ul style="list-style-type: none">Newborn through age 21 years
Hematocrit or hemoglobin (blood tests)	<ul style="list-style-type: none">Ages 4, 18, 24 months; 3-21 years*Age 12 months
Lead screening	<ul style="list-style-type: none">Ages 6, 9, 12, 18, 24, and 30 months; 3-6 years*Ages 12 and 24 months
Tuberculin test	<ul style="list-style-type: none">Ages 1, 6, 12, 18, and 24 months; 3 through 21 years*
Dyslipidemia (cholesterol) screening	<ul style="list-style-type: none">Ages 24 months; 4, 6, 8, 10 through 17 years, and once between 18 to 21 years*
STI (Sexually Transmitted Infections)/STD screening	<ul style="list-style-type: none">Ages 11 through 21 years*
Cervical dysplasia screening (Pelvic Exams)	<ul style="list-style-type: none">Ages 11 through 21 years*

*Risk assessment to be performed with appropriate action to follow if positive

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